

Angelic Gifts

February 2013 – Issue 4



Welcome

The month of January is nearly out and what an exciting month it was. Most of the UK was blanketed by several inches of snow, although causing havoc for travel it did allow families to spend quality time together. I know we're not quite out of the woods weather wise but I'm thankful for all the precious moments I've spent with my family over the past month.

This past month we also had a magnificent Full Wolf Moon on 27th, allowing for some stunning photos. You can read more about it later in the newsletter.

Looking forward to February, blessings to you all. Cora x

Updates

Prayer Candle Event

Prayer Candle Event will be Sunday 10th February from 7pm-8pm (UK time).

Valentine's Day 14th February

Check out my NEW Valentine's Page on my Website.

Facebook Chat

Every Sunday evening (except Prayer Candle Events) I will be available to chat on Facebook from 8pm.

What's New

This month I'm delighted to introduce to you my new Children's Page on my website – Angelic Gifts - <http://angelic-gifts.weebly.com>.

The Children's Page will include a message from an angel and we begin with Blossom. She's the beautiful Angel of February. Also there are daily inspirational messages for your children to allow them to connect and build a relationship with their Angel and also teach them how to be more thoughtful, respectful and mindful daily.

Keep checking back as the page develops during the coming months.



Valentine's Day

Are you already for Valentine's Day?
If you're stuck for something to write on your
Valentine Card check out my new Valentine's
page on my Website .

Valentine's Page on Angelic Gifts

I've created a lovely page full of hearts and love for your enjoyment. There will also be love inspired comments and wishes – just in case you're stuck for something imaginative to write to your special Valentine.

Romance & Love FREE Interactive Cards

You may like to use my FREE Interactive Romance & Love Cards on my Website you'll find them under the 'Free Stuff' Tab, follow the directions on the page to choose the right card for you.



Chatting on Facebook

Every Sunday Evening from 8pm (UK time) I will be available to chat online via Facebook.

Just stop by and say 'Hi'. It's lovely to catch up with you all and hear all your news and interesting stories.

Next online Sunday 3rd February.

Next Prayer Candle Event

The next Prayer Candle Event will take place on Sunday 10th February from 7pm – 8pm and we will be praying for Love & Peace in our lives. There will be no Facebook Chat this evening.

I will create an Event Page on Facebook and advertise it so make sure you keep an eye out for it.

Blessings Cora x





Meditation Group

I have received a lot of interest about joining my Meditation Group on Skype.

I will be organizing this later in February so please stay tuned. If you are interested either leave me a message on Facebook or use the Contact Form on my Website – I would be delighted to hear from you and answer any questions you may have.

Benefits of Meditation

The benefits of meditation and mindfulness are really quite amazing. Anything that helps to create a space and sense of calm, stillness and peace is extremely valuable in modern life.

What is particularly incredible however is the sheer scope and wide-ranging extent of the underlying benefits. Most people will be

aware of the clear benefits in terms of stress and anxiety (factors underlying and contributing to very many health conditions and challenges) however, many are unaware of the vast range of benefits in terms of health and wellbeing (physical, mental and emotional). Meditation is beneficial for almost every health challenge. Not only that, meditation is beneficial in helping you to stay healthy (as well as improve your health) – and can even help you to live longer and live younger!

Meditation also helps improve cognitive function, including memory, intelligence, learning ability and concentration etc. These really are just a few of the very many personal benefits.

From <http://www.meditationfoundation.org/benefits>

January 2013 Full Wolf Moon

Amid the zero cold and deep snows of midwinter, the wolf packs howled hungrily outside Indian villages. It was also known as the Old Moon or the Moon after Yule. In some tribes this was the Full Snow Moon; mostly this is applied to the next moon. The wolf moon is known as the brightest



Remember you can catch up with Angelic Gifts in the following ways :

Facebook – [Angelic Gifts](#)
 Facebook Page – [Angelic Gifts](#)
 Twitter - [@Angelicgifts](#)
 Website – [Angelic Gifts](#)

If you wish to book an Angel Card Reading please visit my Business Page; D'Angel



Thank you for stopping by and reading my Newsletter.

I hope you found it interesting and entertaining.

Check back again soon for the next edition.

Prayer to St Michael Archangel

*St Michael the Archangel,
 defend us in battle.
 Be our protection against the wickedness
 and snares of the devil;
 May God rebuke him,
 We humbly pray;
 And do thou,
 O Prince of the heavenly host,
 By the power of God,
 thrust into hell Satan and all evil spirits
 who wander through the world,
 for the ruin of souls.
 Amen.*